



Food

Unit 4

1 a 2.7 Listen and repeat.

Meat



1 chicken



2 lamb



3 pork



4 beef

Fish



5 tuna



6 salmon

Fruit



7 satsumas



8 grapes



9 bananas

Vegetables



10 tomatoes



11 beans



12 lettuce

Others



13 cheese



14 pasta



15 rice



16 eggs

Drinks



17 orange juice




18 tea




19 coffee



b What other kinds of food and drink do you know?

2  **2.8** Listen. Write the words in the correct column.

	likes	doesn't like
1	<i>fish</i>	<i>beef</i>
2		

Comprehension**3**  **2.9** Read and listen to the dialogue.

- 1 What has Conor got in his lunchbox?
- 2 Why doesn't he eat all of it?



- Jake** Hi, Conor. What have you got for your packed lunch today?
- Conor** I've got two sandwiches, an apple and orange juice. Oh, and I've got a banana, too.
- Jake** What's in the sandwiches?
- Conor** There's cheese in this sandwich and there's ham in that one.
- Jake** Mmm. I love cheese.
- Conor** What's in your lunchbox?
- Jake** I don't know. I forgot it. And I'm really hungry.
- Conor** Oh, right, so do you want my cheese sandwich?
- Jake** Yes, please. Thanks. Errr ... I like bananas, too.

Grammar

Countable and uncountable nouns

4 a Read the examples.

Some nouns are countable. They have a singular and a plural form.



an apple



three apples



Some nouns are uncountable. They have only one form.



cheese



cheese



b Are the words countable (c) or uncountable (u)? Put them in the correct basket.

lemonade	coffee	rice
tomatoes	bananas	tuna
vegetables	apples	eggs
sandwiches	chicken	fish
oranges	fruit	tea
beef	meat	beans



ings in exercise 1. Which do you
one thing from each group.
t you like?

er with a partner.

ee!

don't. I never drink it.

es?

ouns and
uns we don't
th a singular
ave a or an.




n this sandwich,
anana.

b Complete the sentences with **a** or **an** where
necessary.


- 1 Can I have an orange, please?
- 2 Do you like fish?
- 3 I usually have an egg for breakfast.
- 4 I don't eat meat.
- 5 We always have tomatoes with our dinner.
- 6 I had an apple and a banana today.
- 7 I love fruit, but I don't like vegetables.
- 8 Can I have a sandwich, please, with cheese and lettuce?

Listening and speaking

7 a  **2.10** Look at the menu. Listen. What does Emma order?

Menu

Spaghetti bolognese	£3.80	Desserts	
Cheeseburger	£2.75	Apple pie	£2.75
Chicken salad	£3.60	Chocolate cake	£2.60
Fish	£4.20	Fruit salad	£2.40
Chips	£1.80	Ice-cream	£1.40
Mixed vegetables	95p		
Salad	80p	Drinks	
		Orange juice	£1.85
Sandwiches		Lemonade	£1.30
Cheese and tomato	£2.55	Cola	£1.30
Tuna and salad	£2.80	Milkshake	£1.75
		Coffee	90p
		Tea	80p
		Hot chocolate	£1.55

b  **2.10** Listen again and complete the dialogue.


Waiter Yes, please?
 Emma Can I have a _____ and chips, _____?
 Waiter Anything else?
 Emma Yes, can I have an _____, please?
 Waiter Do you want anything to _____?
 Emma Yes, _____, please.
 Waiter Is _____ everything?
 Emma Yes, thank _____.
 Waiter That's £ _____80, please.
 Emma Here you _____
 Waiter Thank you.

c Work with a partner. Practise the dialogue.

8 Make new dialogues. Use the menu.

4B Stone soup

Vocabulary

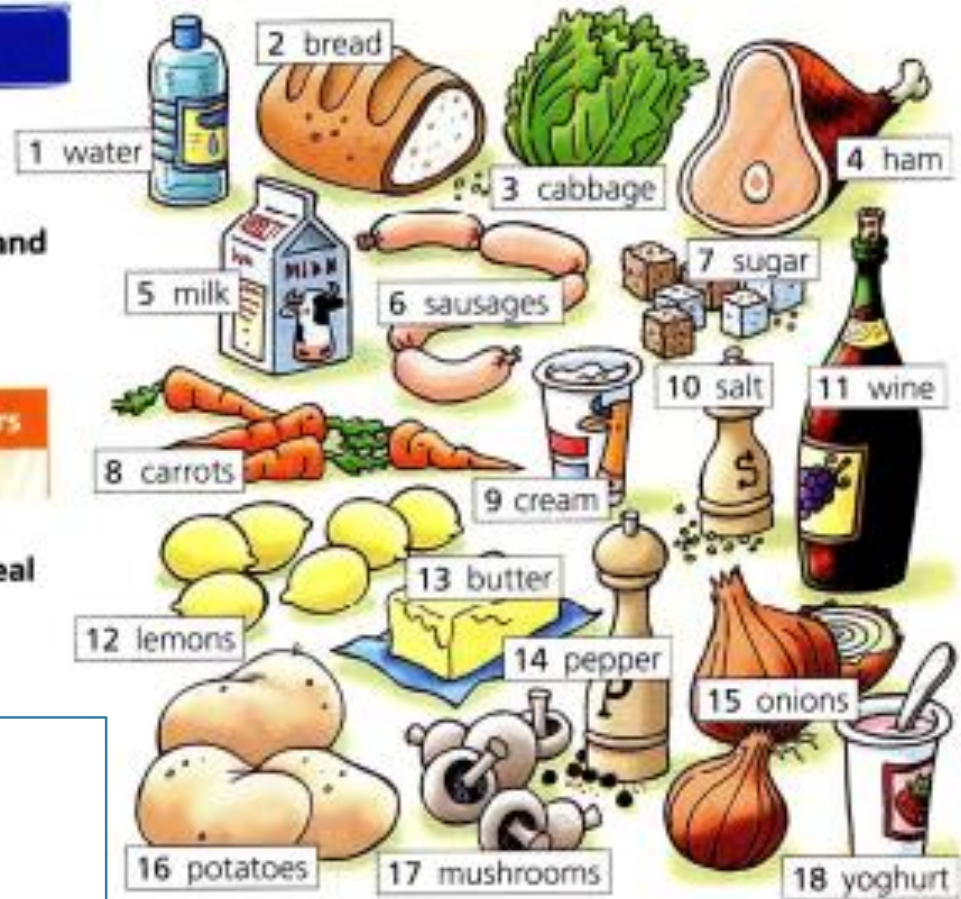
1 a  2.11 Look at the different kinds of food and drink. Listen and repeat the words.

b Put the things (1–8) in the correct column.

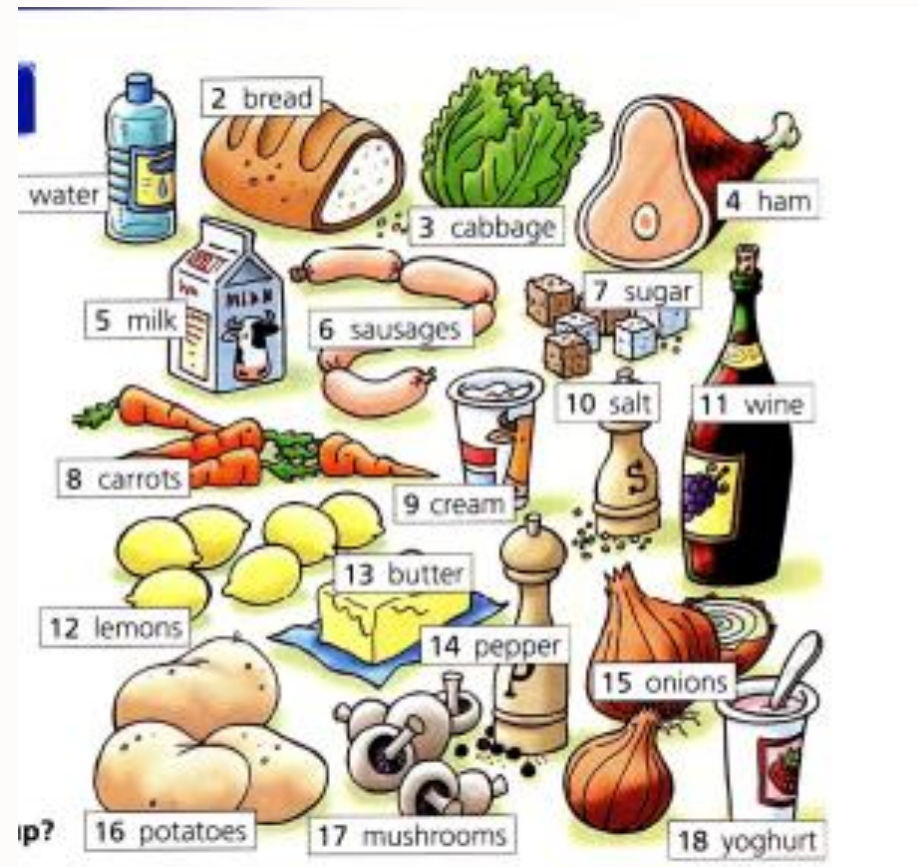
Meat	Fruit	Vegetables	Drinks	Others

c Choose six things from the list and make a meal for yourself.

My meal is a sandwich. In my sandwich there's ...



Listen to the story, which of the things did the man put in the soup?



Comprehension

2 **2.12** Read and listen to the story. Which of the things from exercise 1a did the tramp put in the soup?



One day a tramp came to an old woman's house and knocked on the door. 'Excuse me,' he said when she opened the door. 'I'm very hungry. Have you got anything to eat?' The old woman had a lot of food in the house, but she was very mean. 'Go away,' she said. 'I haven't got any food for you.' 'Oh,' said the tramp, 'well, have you got any water? You see, I've got a magic stone and I can make soup with it. But I need some water.' 'A magic stone, eh?' said the mean old woman. 'Yes, I've got some water.'

She fetched a big saucepan of water and put it on the cooker. The tramp took the stone out of his pocket and put it into the saucepan. After a while he tasted the soup. 'Mmm. It's very good,' he said. 'Have you got any salt and pepper?' The old woman fetched some salt and pepper. 'Mmm. That's better,' said the tramp. 'It really needs some vegetables. It's a pity you haven't got any vegetables.' 'Oh, I can find some vegetables,' said the old woman. She ran into the garden and brought back some potatoes, carrots, beans and a big

onion. The tramp cut up the vegetables and put them into the saucepan.

'Is it ready now?' asked the old woman. 'Almost,' said the tramp. 'It really needs some meat. It's a pity you haven't got any meat.' 'Oh, I can find some meat,' said the old woman. She ran to the cellar and came back with some ham and some sausages. The tramp put them into the saucepan.

'Right,' said the tramp after a while. 'I can't see the stone now, so the soup is ready. Bread is very good with stone soup. It's a pity you haven't got any bread.' 'Oh, I can find some bread,' said the woman. She went to the cupboard and fetched a loaf of bread, some butter and a bottle of wine. She put them on the table with some knives, forks and spoons.

'Mmm, this is delicious,' said the old woman when she tasted the soup. 'And you made it with just that magic stone.' The tramp smiled, picked up his knife and cut another slice of bread.



Grammar

3 a Complete the sentences from the story.

- 1 I haven't got _____ food for you.
- 2 Well, have you got _____ water?
- 3 Oh, I can find _____ vegetables.

b Copy and complete the table.

We use *some* and *any* with uncountable nouns and plural nouns.



some and *any*

We use _____ for affirmative statements.

We use _____ for negative statements and questions.

c Look at the things in exercise 1. Say whether the tramp used each thing to make the soup.

He used some water.

He didn't use any lemons.


4 a What have you got in your cupboard? Write five kinds of food or drink from exercise 1. Don't show your list to anyone.



b Ask and answer with a partner. Find out what's in your partner's cupboard.

- *Have you got any water?*
- *No, I haven't got any water. Have you got any water?*
- *Yes, I've got some water. Have you got ...?*

Listening

5 a  **2.13** Listen. What do the people have for lunch? Copy and complete the chart.



Dan	Elsa	Chen
a sandwich		

b Describe each person's lunch.

Dan has _____ He usually has _____ in it.
He has _____ or _____ with that. He drinks

Speaking and writing

6 a Work with a partner. Find out what he / she eats and drinks in a normal week. Ask about these things.

chocolate	eggs	coffee
milk	lemonade	fish
crisps	bread	yoghurt
fruit	sweets	vegetables

- *Do you eat any chocolate?*
- *Yes, I do. I eat a lot of chocolate.*
- *Do you drink any milk?*
- *Yes, I do. I usually have some milk for breakfast.*

b Complete the chart and write about you and your partner. Have you got a healthy diet?

Food	Me	Partner
chocolate	✗	✓

In a week my partner eats a lot of chocolate. I don't eat any chocolate.

He / She drinks ...

7 Read the story *Stone soup* again. Work with a partner. Act the story.

4C Mut goes shopping



Comprehension

1 2.14 Read and listen to the story. What is Mut worried about? Why?



2 Read the story again. Match the halves of the sentences.

- | | |
|-------------------------|-----------------------------------|
| 1 Mickey and Millie are | a some dog food at the market. |
| 2 There isn't | b they haven't got any dog food. |
| 3 Mut thinks | c some cheese at the supermarket. |
| 4 Mickey pushes | d find the tins of dog food. |
| 5 They buy | e any dog food on the shelf. |
| 6 They go to | f going shopping. |
| 7 Mut sees | g them in the cupboard. |
| 8 Millie decides | h the market for some fruit. |
| 9 She can't | i the trolley. |
| 10 Their mum put | j to feed Mut. |

Grammar

- 3 a** Copy and complete the table. Use the dialogues from the story.

Are these words countable or uncountable?




How much / How many?

We need some bananas. _____ do we need?
We need some cheese. _____ do we need?

- b** Copy and complete the table.

Countable	Uncountable
How _____?	How _____?

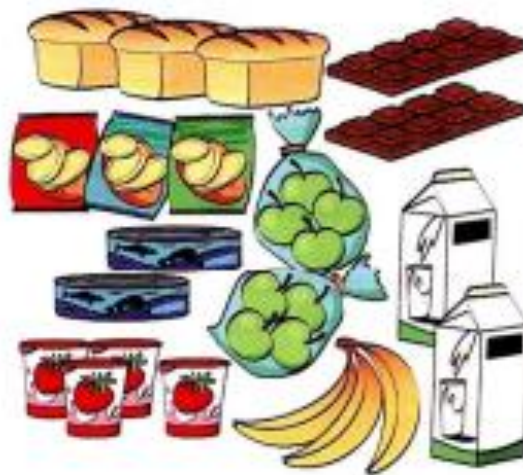
- c**  2.15 Listen. Make questions.

- We need some tomatoes.
• How many do we need?
- We need some bread.
• How much do we need?

- d**  2.16 Listen and check.

4 a Match the words to the pictures.

- 1 a loaf
- 2 a carton
- 3 a packet
- 4 a tin
- 5 a zpot
- 7 a bag
- 8 a bunch



b Match the sentences to the pictures.

We talk about quantities like this. Don't forget of.



- 1 a tin of dog food
- 2 two tins of dog food

c What's in the pictures in exercise 4a?


three loaves of bread

Listening

5 a Read the shopping list. What do Emma and Jake need to buy?

2x vegetable soup	2x grapes
2x apple juice	4x yoghurt
1x bread	1x lemonade
1x potatoes	1x eggs
3x beans	

2 packets of soup, ...

b  **2.17** Emma and Jake are at the supermarket, but they forgot the shopping list. Can you remember the list? Close your book. Listen. Did they buy the right things?

They needed two cartons of apple juice, but they bought two cartons of orange juice.

boil



mix



slice



pour



peel



4D Emma's apple crumble

Comprehension


- 1 a Emma is making apple crumble. Look at the pictures. What do you think the correct order is?

ble



I'm making apple crumble for our dessert today. It's delicious. We learned the recipe at school. You need a few apples, some flour, some butter or margarine, some sugar and a little water.



b  2.18 Read and listen to the recipe. Number the pictures in the correct order.

Apple Crumble

Ingredients

You will need:

- 3 large apples
- 300 g flour
- 200 g butter or margarine
- 100 g sugar
- water
- cream or ice-cream

We write: 100 g sugar
We say: a hundred grams of sugar



Instructions

- 1 Peel the apples and slice them.
- 2 Put the apples in a saucepan with a little water and 50 g of the sugar. Boil the apples for ten minutes.
- 3 Put the flour, the butter or margarine and the rest of the sugar into a bowl. Mix them with a fork.
- 4 Pour the cooked apples into a dish.
- 5 Cover the apples with the flour, butter and sugar mixture.
- 6 Put the dish into the oven at 180°C for 30 minutes.
- 7 Serve the apple crumble with cream or ice-cream.



2 a Look at the pictures. What is Emma doing in each picture?

a She's putting sugar into a bowl.

b Find these things in the pictures.

a knife a fork a saucepan an oven
a bowl a dish a spoon a peeler

Grammar

Definite and indefinite articles

3 a Look at the sentences.

These are indefinite articles.

You need **a** saucepan and **some** water.



These are definite articles.

Put the water in **the** saucepan.



*When do we use the indefinite article?
When do we use the definite article?*

b Complete the recipes with *a*, *some* or *the*.

1 Put ¹ _____ flour and ² _____ butter in ³ _____ bowl. Now take ⁴ _____ fork. Mix ⁵ _____ flour and ⁶ _____ butter with ⁷ _____ fork. Then pour ⁸ _____ sugar into ⁹ _____ bowl and mix it with ¹⁰ _____ flour and ¹¹ _____ butter.

2 First, you need ¹ _____ mushrooms and ² _____ knife. Slice ³ _____ mushrooms with ⁴ _____ knife. Now put ⁵ _____ oil in ⁶ _____ frying pan and put ⁷ _____ mushrooms in ⁸ _____ oil. Then fry ⁹ _____ mushrooms in ¹⁰ _____ frying pan for five minutes.

4 a Look at what Emma says in exercise 1. Complete the sentences.

You need a *few* apples.

You need a _____ water.

b Look at exercise 4a. Copy and complete the table.

Countable	Uncountable
a _____	a _____

c Complete these expressions with *a little* or *a few*.

1 _____ oranges

5 _____ salt

2 _____ butter

6 _____ cheese


3 _____ sugar

7 _____ peas

4 _____ tomatoes

8 _____ sausages

Listening and writing

5 a  2.19 Here's another recipe. Listen. Tick (✓) the ingredients you hear.

Jake's Welsh Rarebit

Ingredients

half an onion

one tomato

milk

2 slices bread

50 g grated cheese

butter


salt

pepper

vinegar


Worcester sauce



b  2.20 Now listen to the instructions. Number them in the correct order.

- a Make some toast.
- b Mix it all together.
- c Grate the cheese and the onion.
- d Cover the tomatoes and the toast with the cheese mixture.
- e Leave it till the cheese melts.
- f Put the tomato slices on the toast.
- g Put them in a bowl.
- h Put the toast with the cheese under the grill.
- i Add a little of milk, salt and pepper and a little Worcester sauce.
- j Peel the onion.
- k Slice the tomato.



c  2.20 Listen again. What does Jake say about:

- the milk
- the Worcester sauce
- the toast
- the cheese under the grill

British meals and mealtimes



The first meal of the day is breakfast – usually between seven and eight o'clock. The traditional British breakfast is very big: bacon, eggs, sausages, tomatoes, mushrooms, baked beans and fried bread! But nowadays people don't usually cook a big breakfast every morning. They only have a cooked breakfast on Sundays or when they stay in a hotel.

Most people have a light breakfast. These are some typical things that people have for breakfast:

- cereal with milk
- fruit (grapefruit is popular)
- toast with jam, honey or marmalade
- yoghurt
- orange juice
- coffee or tea

Between twelve o'clock and two o'clock people have lunch. This is often a light meal of soup, sandwiches and / or a salad. Most children have their lunch at school. They can buy food at the school canteen, or they can take a packed lunch from home. This usually has sandwiches and maybe some fruit, yoghurt or salad.

The main meal of the day is dinner. People usually eat this between about six and seven o'clock in the evening.


A traditional dinner is meat or fish with potatoes and vegetables, but many people nowadays cook food from other countries. Lasagne, spaghetti bolognese, risotto and curry are popular. Some people are vegetarians.

After the main course, some people have dessert (also called 'pudding') – such as fruit, chocolate cake, or apple pie with ice-cream or custard.

In some parts of Britain, people have the main meal at midday and call it 'dinner'.

They call the light meal that they have in the afternoon or evening 'tea'. Some people also call the evening meal 'supper'. This can be a light meal or a main meal.



1  **2.21** Read and listen to the text. Are the statements true or false or doesn't it say?

- 1 Most people in Britain eat a big breakfast every morning.
- 2 People often have grapefruit for breakfast.
- 3 People normally have lunch at three o'clock.
- 4 Most children take a packed lunch to school.
- 5 People usually have dinner in the evening.
- 6 Most people eat breakfast in the kitchen.
- 7 Some people call their evening meal 'tea'.


2 a Complete the chart about food in Britain.


Meal	<i>breakfast</i>		
Time			
Typical kinds of food			

2 a Complete the chart about food in Britain.

Meal	breakfast		
Time			
Typical kinds of food			

b Make a chart about meals in your country.

3 a  2.22 Listen. When does each speaker have his / her meals?

b  2.22 Listen again. Find out.

- 1 What does he / she usually have at each meal?
- 2 What is his / her favourite meal?

4 Work with a partner. Ask and answer about the meals you eat.

- 1 When do you have them?
- 2 What do you eat?
- 3 What do you like to eat for dinner?

English Across the

Geography: food from around

1 Match the words to the pictures.

chocolate peppers tomatoes avocados
sweetcorn coffee turkey tea potatoes



popular



spread



seed



1



2



3



4



5



6



7



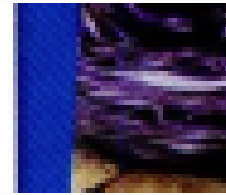
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9



2  2.23 Read and listen to the text. Find the words from exercise 1.



We eat a lot of different kinds of food today.

Before the 16th century, people in Europe didn't have a lot of the things that we eat and drink every day.

At the end of the 15th century, people from Europe started to travel to other parts of the world. They went to America, Africa and Asia. They brought back a lot of new kinds of food.

Chocolate came from Mexico. The Aztecs there drank chocolate with pepper! And today chicken with chocolate sauce is a popular meal in Mexico. The Spanish brought chocolate to Europe and they were the first to put sugar in it. Until the 1870s, chocolate was only a drink. The Swiss made the first bar of chocolate in 1876.


Tomatoes, peppers and avocados all came from Mexico, too. The Spanish took seeds back to Spain and started to grow the plants there. Soon they spread to other countries in Europe and then to other parts of the world.

The words *tomato*, *chocolate* and *avocado* all come from the old Aztec language.

Potatoes came from South America. Potatoes like cool, wet weather. They grew in the mountains of Peru. Sweetcorn (or maize) came from North America. Turkeys came from North America, too. They didn't come from Turkey!

Coffee came from Africa. The Turks took it to Turkey and then to Europe.

Tea came from China in the 17th century. At first it was very expensive and only rich people drank it, but in the 19th century the British started to grow tea in India. They produced a lot, so it was cheap and everybody drank it.

2  2.23 Read and listen to the text. Find the words from exercise 1.

3 Read the text again and match the food to the places.

- | | |
|-------------|-----------------|
| 1 chocolate | a North America |
| 2 sweetcorn | b China |
| 3 potatoes | c Mexico |
| 4 coffee | d South America |
| 5 tea | e Africa |
| 6 tomatoes | |
| 7 turkey | |

4 Complete the sentences.

- 1 The Aztecs *drank chocolate with pepper.*
- 2 Mexicans _____.
- 3 The Spanish _____.
- 4 The Swiss _____.
- 5 The Turks _____.
- 6 The British _____.

5 Which did you have in the last three days?
What form were they in?

potatoes I had a packet of crisps.

4

Rev

some and any

1 Complete the sentences with *some* or *any*.

- 1 There isn't *any* butter in the fridge.
- 2 There are _____ tins of tuna in the cupboard.
- 3 Do we need _____ vegetables?
- 4 I had _____ soup for lunch.
- 5 We didn't buy _____ bread.
- 6 Put _____ onions and _____ oil in a frying pan.

Countable and uncountable nouns

2 Put in *a* or *an* where necessary.

- 1 Do you like - chicken?
- 2 Can I have _____ apple, please?
- 3 I don't like _____ bananas.
- 4 I always have _____ egg for breakfast.
- 5 I've got _____ sandwich and _____ satsuma.
- 6 I never drink _____ coffee or _____ tea.

a / an, the, some and any

3

a / an, the, some and any

3 Put a, an, some or the in the right place.

1 To make this model you need ¹some paper, ²_____ plastic cup, ³_____ pencil, and ⁴_____ glue. First, put ⁵_____ plastic cup on ⁶_____ paper. With ⁷_____ pencil draw ⁸_____ circle round ⁹_____ cup. Then cut out ¹⁰_____ circle.

2 • I've got ¹_____ parcel and ²_____ letters for Mr Carter.
• Give ³_____ letters to me and put ⁴_____ parcel over there.

3 For this recipe you need ¹_____ flour, ²_____ salt and pepper, ³_____ egg and ⁴_____ milk. Put ⁵_____ flour and ⁶_____ salt and pepper in ⁷_____ bowl. Add ⁸_____ egg and ⁹_____ milk, and stir them with ¹⁰_____ fork.

Vocabulary

4 Write the things you see in the pictures.

1 *three tins of
tomatoes*



2 _____



3 _____



4 _____



5 _____



6 _____



7 _____



8 _____




9 _____



5 Find the names of eight more types of food and drink in the puzzle.

B	E	A	N	S	E	T	U	L
E	G	G	S	Q	R	Y	S	E
E	L	K	C	T	U	H	A	M
F	Q	I	H	P	A	K	T	O
X	T	R	I	C	E	L	S	H
R	R	M	C	E	E	K	U	A
L	O	R	K	I	C	V	M	D
W	U	T	E	A	I	M	A	E
E	T	V	N	P	W	C	S	B

How much / How many?

6 a  2.24 Listen. What do they buy?

a small carton of milk

b Work with a partner. Ask and answer about the shopping list.

- *How much milk did they buy?*
- *A small carton*
- *How many ...*

Your Project

4

A class project



1 Make a project about food in your country. There are lots of things to write about, so we did our project as a whole class. Here are some of the things that people did.

2 Meg and Chris wrote about meals and mealtimes.

Meals and mealtimes

Most people have three meals a day – breakfast, lunch and dinner. The first meal of the day is breakfast. People usually eat this between seven o'clock and eight o'clock.

3 Henry and Tina wrote about places to buy food in our town. They took lots of photos.
– shops
– the market
– restaurants and cafés



4 William and Chloe collected everybody's favourite recipe and made a recipe book in English.



5 Poppy and Jacob made one of the recipes and filmed it – just like celebrity chefs on TV.




6 We put our different parts of the project on the classroom wall. Then we all went round to look at them. It was great.

Song

1 Replace the pictures with words to complete the song.

Sausages with ice-cream


I like ¹ _____  with cheese


Katy likes ² _____  with


³ _____ 

Peter puts ⁴ _____  on his baked beans


Edward likes ⁵ _____ 


And Jessica loves ⁶ _____ 


But John likes sausages with ⁷ _____ 

2  2.25 Listen and check your ideas.


Chorus

Sausages with ⁸ _____ 


Sausages with ⁹ _____ 

John likes sausages with ¹⁰ _____ 

I like sticky toffee

Donna likes a cup of ¹¹ _____ 

Daniel likes a nice ¹² _____  salad, it seems

Wendy loves apple ¹³ _____ 

But nobody can tell us why

John likes sausages with ice-cream.